

Deerfield Healing Arts — Lisa Berger, Lic Ac., CZB

Limiting the Spread of Covid-19, Update 6/2021

Thankfully there is now a reduced presence of Covid-19 in our community and no state of emergency in Massachusetts. In accordance with this change, I am no longer asking screening questions before every appointment, and trust that you will notify me of any possible exposure or concerning symptoms.

What I am Doing in My Office:

Masks: *Massachusetts is still requiring mask wearing for everyone in all health care settings.* I will wear a mask during your appointment unless we are talking outside or from a distance.

Practicing Healthy: I have been vaccinated, and will continue to monitor my own health for respiratory and fever symptoms. I will cancel appointments should I present symptoms.

Cleaning: I practice enhanced cleaning and disinfecting protocols with a non-toxic product between clients.

Air Purification: I run an air purifier in my treatment space and enhance its effectiveness against microbes with an essential oil blend created for that purpose.

Hand Sanitation: I wash my hands often, and have hand sanitizer in the room. I have a supply of medical disposable gloves for use when appropriate.

Physical Distancing: I am booking with time between clients to limit the use of my waiting area.

Requests:

1. Please do not come to your appointment if you are feeling sick or have reason to suspect exposure to Covid-19. Notify me if you have a household member with concerning symptoms. To reschedule or discuss options, please call 413-397-9800 or 413-387-9904 cell.
2. Bring and wear a mask. Children under 5 need not wear masks. If you can not breathe well with a mask, please let me know.
3. If you plan to have someone come with you and sit in the waiting room, please let me know in advance.

Self-care Consultations and Distant Healing: For those who are reluctant to have in-person treatment sessions, are housebound or live too far away to see me, I have expanded my availability to perform phone consultations and distant healing sessions.