

One-to-Two Zero Balancing

With Lisa J. Berger, L. Ac. , ZB Faculty

Thursdays June 7 & 21, July 5 & 19, Aug. 2, Sept 6
at 2:00, 2:40, 4:00, 4:40 & 5:20 by appointment,

Through skilled touch, Zero Balancing® can improve mobility, relieve stress, facilitate personal goals, and center the mind and body through times of change and loss. Most people feel more free, grounded and joyful after a ZB session.

Some Features of Zero Balancing®

- Employs comfortable, non-invasive touch through clothing
- Addresses the tissues of adaptation, instinct and awareness — bone, ligaments, membranes and other fascia
- Includes pauses for reorganization and integration

At InBody, Lisa works with two clients per appointment slot.
Affordable and effective; by appointment; \$35 to \$25 based on need.
Open to new clients after consultation.

Contact Lisa at 413-397-9800 or deerfieldhealingarts.com



265 Greenfield Rd., South Deerfield MA
www.inbodyarts.com

Lisa also teaches Zero Balancing courses:
Zero Balancing I, July 12-15 in Andover, MA