

# One-to-Two Zero Balancing

With Lisa J. Berger, L. Ac. , ZB Faculty

FALL 2018 ZB Clinic Dates and Hours:

Thursdays, Sept. 20, Oct. 4 & 18, Nov. 8, Dec. 20

Mondays, Nov. 26, Dec. 10

Appointments: 12:20, 1:00, 1:40, 3:00, 3:40, 4:20 & 5:00

Zero Balancing® improves mobility, relieves pain, sharpens senses, and facilitates self-confidence. Most people feel more free, grounded and joyful after a **One-to-Two ZB Session**.

In this clinic setting, Lisa treats two clients per appointment slot using comfortable touch through clothing on a massage table. New clients may participate after a private session or consultation.

### These Zero Balancing Sessions:

- Address tissues of adaptation, instinct and awareness — bone, ligaments, organ membranes and other fascia;
- Include pauses for reorganization and integration; and
- Cost \$35 - \$25, based on need for reduced rate.

Contact Lisa at 413-397-9800 or [deerfieldhealingarts.com](http://deerfieldhealingarts.com)



265 Greenfield Rd., South Deerfield MA  
[www.inbodyarts.com](http://www.inbodyarts.com)

Lisa also teaches Zero Balancing courses:  
**Contact Lisa you are interested!.**